



welcome to
LA EUROPA ACADEMY

A PREMIER RESIDENTIAL TREATMENT CENTER

WHO WE ARE ◆ ◆ ◆

Nationally known, La Europa is the best arts and creativity focused adolescent treatment available.

We are a place of healing in a nurturing environment, using sophisticated clinical approaches and challenging academic curriculum. At our core is a lot of art, music, dance, theater, writing, yoga, etc to help our students find healing and growth through creativity as they develop coping skills, find their voices, mend family relationships, and discover their healthy identities.

La Europa includes a built-in transition experience: Mosaic House. Students experience a gradual transition from a structured environment to more independence and skills generalization. Mosaic House helps students practice their new skills of self regulation, boundaries, and relationships before returning home.



WHO WE HELP ◆ ◆ ◆

La Europa students are assigned female at birth, ages 14-17. Students may stay beyond 18 with special approval.

Our students are creative, even if they've recently lost their spark with it - it's still there -and we help them get it back.

Many students at La Europa have a history of depression and anxiety. Other issues may include:

- Trauma
- Screen Addiction
- ADD/ADHD
- Attachment issues
- Emotional dysregulation
- Suicidal ideation / self harm
- Relationship issues
- Substance abuse
- Anger
- School refusal
- Grief and Loss

A PROUD MEMBER OF
 CERTS



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 ADMISSIONS: 801.916.5696
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1121 E. VINE STREET | MURRAY, UT 84121



◆ ARTS AND CREATIVITY

With dedicated art studios, pottery rooms and kilns, a sandtray room, a full dance studio, music rooms and recording studios - La Europa has fun taking art and creativity very seriously. Talent is not required, but it's inevitable that all of our students find their inner spark and use art, theater, music, etc. to not only express and heal from pain, but also to embrace joy.



◆ THERAPY

At La Europa we use a team approach to treatment to ensure that each student has the benefit of their primary therapy as well as a broad selection of other helpers, including art/music and dance therapists.. Therapeutic approaches include Cognitive Behavioral Therapy (CBT), Radically Open Dialectical Behavioral Therapy (RO-DBT), Expressive Therapies, Dialectical Behavioral Therapy (DBT), Family Systems, Neurofeedback and Brain Spotting. Parent and family work is central to the clinical work our students participate in.



◆ STUDENT LIFE

La Europa doesn't get caught up in the artificial box-checking of levels. Instead, each student works with their parents and team to determine their own focuses, privileges, and needs. Each week, students have a diverse range of off-campus activities, including community service, local events, outdoor adventures, art-focused outings, etc

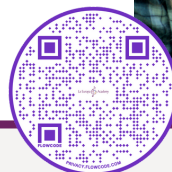


◆ ACADEMICS

Our students attend classes with highly qualified, full-time, licensed teachers who offer direct instruction. Small classes averaging 7-9 students. Credits are fully transferable to home school districts. Our academic program has a college preparatory curriculum, and additional Special Ed and Executive Functioning help is available. Graduating students receive a certified High School diploma.

additional facts

- Founded in 2004, La Europa is a proud member of the CERTS Programs
- Licensed in good standing with Utah
- Member of National Assoc. of Treatment Schools & Programs (NATSAP)
- JCAHO Accredited and Academics Accredited by Cognia
- California NPS Certified
- Special Education Support for IEPs and 504s



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