Packing List

The number listed next to each item below shows the **MAXIMUM** amount a student can have:

- □ 10 pairs of pants/shorts/skirts
- □ 1 dressy outfit (for events like a ballet or community theater show)
- □ 12 shirts (including undershirts, long/short sleeve tops, tanks tops, etc.)
- □ 3 coats and/or jackets
- □ 5 sweatshirts/sweaters/hoodies
- □ 2 pair pajamas (bottoms and tops)
- □ 1 swimsuit
- □ 1 pair swim shorts
- □ 6 pairs of shoes (1 pair must be athletic shoes)
- □ 7 bras
- □ 3 sports bras
- □ 3 pairs of PE clothing (shirts, tank tops, shorts, yoga pants)
- □ 14 pairs of socks
- □ 14 pairs of underwear

Optional items: Belt, tights, hair ties

What to bring – toiletry items:

- □ Body wash
- □ Shampoo and conditioner
- □ Lotion – face and body
- □ Toothbrush and toothpaste (no electric toothbrushes)
- □ Sanitary napkins/tampons
- □ Makeup

- □ Deodorant
- □ Electric razor (no regular razors allowed)
- □ Nail clippers or manicure set
- □ Hairdryer
- □ Hair straightener/curler

Music player:

- ● Mighty Music player
- ● SanDisk Mp3 player (guardian is responsible for uploading music to an SD card). Here is a link: SanDisk Mp3 Player. You can buy this on Amazon.
- ● Earphones or earbuds (inexpensive please)

What NOT to bring:

- Aerosol Sprays
- Regular razors (electric ok)
- Mouthwash
- Electric toothbrush
- Non trabs
- Glass/Ceramic frames or decorations
- Personal electronics such as: cell phones, laptops, digital drawing pads, etc.▪
- Any expensive or valuable items (they may get lost or damaged)

Suggested extra comfort items allowed but not required:

- A throw blanket or comforter
- 2 stuffed animals
- Pictures of family, friends, or pets from home
- Stationary for letters
- Journal
- Fun reading books (maximum 7)
- Book light – small light that clips to a bed frame or book (battery operated)
- Art supplies
- Musical instrument

Provided by La Europa:

La Europa provides bedding including a pillow, sheets, and a comforter. We also provide new towels, a hygiene box, a shoe bin, closet shelf organizers and a water bottle